



22 Year Law Enforcement Captain • Million Dollar Direct Sales Earner

David is a retired New York State Police Captain after 22 years of service. He ran all State Police operations for the County of Westchester NY, averaging approximately 400-500,000 911 calls a year. David was the New York State Trooper of the Year in 2003 followed by New York State Police Investigator of the Year in 2007. David was also a first responder at Ground Zero on 09/11 where he spent weeks working in New York City. While working full-time with the NY State Police, David also built a million-dollar international direct sales business with Beachbody, leading a team of 1,400 people today. Through his success both in law enforcement and business, David became a Keynote Motivational Speaker presenting to groups of a few hundred people to over 20,000 people in the NFL Super Dome in New Orleans. David published his first book The Leveled Up Life, is the creator of The One Decision Away Philosophy and host of the Personal Perseverance Project Podcast. Most importantly David is a husband and a Father to his three daughters.